

Module 2: Child Growth and Development

☒ Check for Understanding (Answer Key)

- 1) The different areas of developmental (physical, emotional, etc.) are called:
a. Domains
- 2) A skill that should be accomplished by a certain age and is a marker of development is called **b. Milestone**
- 3) Brain connections (or synapses) are automatic and not effected by the environment. **F**
- 4) Which of the following will NOT enhance brain development in young children?
b. Showing educational television programs
- 5) Executive functions can be limited by toxic stress. **T**
- 6) Child development is: **d. All of the above are correct**
- 7) Temperament refers to characteristics that change with developmental stage. **F**
- 8) Why are secure and consistent relationships important for child development?
c. Both of the above
- 9) Developmentally appropriate practice can best be defined as individually and age appropriate. **T**
- 10) You can't spoil a baby by holding him/her, or responding quickly to her cues. **T**
- 11) Which is **not** a temperamental type: **c. Unattached**
- 12) The effects of toxic stress can be buffered by a caring and consistent caregiver.
T
- 13) A red flag is best described as: **b. An indicator of a potential problem**
- 14) Brain connections (or synapses) are strengthened when left alone and pruned away when overused. **F**
- 15) Which is not a domain of development: **c. Creative**
- 16) Executive functions are called the "air traffic control center" of the brain and are located in the prefrontal cortex. **T**
- 17) Developmental milestones: **a. Are age-specific tasks that most children can do by a certain age range.**

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- 18) A continuum is a range or progression. **T**
- 19) According to the Child Care Center Licensing Guidebook, infants are those under three years of age. **F**
- 20) Which of these types of stress adversely affect early brain development?
a. Toxic stress